



PARENT/GUARDIAN PERMISSION FORM
(must be read, signed and returned)

Messiah West Coast desires that your son or daughter have a life-changing experience at camp. In order to accomplish this goal, here are some points of clarification:

- *Make sure your youth WANTS to be at Messiah West Coast. Do NOT send us an unwilling camper. Please inform us of any situation/difficulty/conflict/etc. pertaining to your youth so that we can provide the best experience possible for them and for others.*
- *Your youth is responsible for any special dietary requirements or allergies. While you must disclose ALL dietary issues to our medical staff, it is the responsibility of your youth to know what they can and cannot eat and to inquire before eating something that may be detrimental to their special dietary requirements. We ensure that all meals are Biblically clean.*
- *Your youth's likeness may be used in the promotion of Messiah West Coast in the form of photos, video, etc. This is non-negotiable. By attending the camp, you and your youth are giving us permission to use their likeness in future promotional material. Your youth needs to read, understand, and sign the Youth Contract that follows. Please be aware of its contents as well.*
- *Your youth is highly encouraged to participate in summer camp activities. Some activities, by their nature, are physically and mentally demanding and subject to hazards which cannot be foreseen or prevented. Your youth is responsible for his or her own participation in such activities and assumes all ordinary risks associated with these activities, which may include injury. Please disclose ALL health related issues so our medical staff can best assist your youth's participation in Messiah West Coast.*
- *Your youth needs to read, understand, and sign the Youth Contract that follows. Please be aware of its contents as well.*
- *Please make sure your youth understands the importance of keeping up with personal belongings. Any items not claimed from the lost and found that are left behind will be donated.*
- *Please make sure to designate who is bringing your youth to camp, and who is authorized to pick up your youth after camp.*

Please return this signed Parental Permission Form with the Youth Contract and the Campground Waiver form immediately upon registering your youth. Your youth is not confirmed until all of these forms are turned in along with your completed registration.

Your Statement:

I _____ (Parent Name) have read and understood the above information. I hereby authorize treatment for my youth, _____ (Camper Name), while at camp by any doctor, nurse, or hospital as deemed necessary by camp authorities in the event of an accident, injury, or illness, and I, the legal guardian of said youth, assume the responsibility for all medical bills and release Messiah West Coast, Growing in Torah, and Safe Haven Sustainable Farms, and any of their staff or volunteers from any liability in all matters. I give permission for my youth to ride in any vehicle designated by the adult in whose care he/she has been entrusted while attending and participating at Messiah West Coast. I certify that my youth is in good physical condition and is able to participate in all camp activities.

Parent/Legal Guardian Signature _____ Date _____

Please return this signed form to your online application, email to MessiahWestCoast@gmail.com, or snail-mail to MWC, Attn: Doug Shirk, 41781 Rd. 142, Orosi, CA 93647.

WHAT TO BRING TO CAMP

Here's a list for you to get your bags ready!

- Bible/pen/notebook
- Bedding: sleeping bag, pillow, and extra blanket (optional)
- Clothing: t-shirts, light jacket, jeans or sturdy pants, long shorts, tennis shoes, hiking shoes, socks, underwear, swimsuit (Make sure you review the dress code!), pajamas, flip-flops for shower (optional)
- Toiletries: toothbrush/paste, soap, shampoo/conditioner, deodorant, and any other items needed
- Other: towels (1 for shower, 1 for swimming), snack bar money for snacks (soda, candy, nachos, popcorn), \$10-\$25 for free-time activities (paintball, rock wall, etc.), insect repellent, sunscreen, hat, flashlight
- Camera: besides a phone, as phones will not be permitted at camp**
- Cabin decorations/skit props (some will be provided, of course)

What NOT to bring:

Knives/guns, matches, lighters, electronic games, TV's, CD/cassette players, sunflower seeds, comic books, radios, alcohol, tobacco/cigarettes, unsuitable novels, paintball equipment, fireworks, drugs, gum, food, cell phones.

****Cell phones** – To encourage campers to actually be present, cell phones are not to be used during camp.**

Camp Oakhurst/Messiah West Coast cannot be responsible for lost or stolen belongings. It is important that you mark your name on all personal items.

GENERAL RULES & ADDITIONAL INFORMATION

DRESS CODE REQUIREMENTS

Camp Dress Code for Girls:

Shirts: Loose-fitting t-shirts/blouses with high collar that cover midriff. No v-necks, strapless, spaghetti straps, tank tops, backless shirts/blouses allowed. Bra straps, cleavage, midriff should be completely covered. No questionable/controversial slogans or graphics allowed.

Shorts: Length should be mid-thigh or longer. Not too tight nor too baggy. For activities, you may be sitting “Indian style,” so make sure you are appropriately covered. No biking shorts (spandex/yoga) allowed.

Skirts/Dresses: Loose-fitting skirts/dresses only. Should be knee-length or longer, even when wearing leggings. For dresses: no v-necks, strapless, spaghetti straps, or backless. Bra straps and cleavage should be completely covered.

Pants: Loose-fitting jeans/pants. No yoga-style pants. Undergarments should be completely covered.

Swimsuits: One-piece swimsuits only, with mid-thigh length (or longer) board shorts and **dark** t-shirt. Cleavage, midriff, upper thigh should be completely covered.

Camp Dress Code for Guys:

Shirts: Loose-fitting t-shirts, or button-down shirts that completely cover midriff. No tank tops. No questionable/controversial slogans or graphics allowed.

Shorts: Length should be mid-thigh or longer. Not too tight nor too baggy. For activities, you may be sitting “Indian style,” so make sure you are appropriately covered. No biking shorts (spandex/yoga) allowed.

Pants: Loose-fitting jeans/pants. No yoga-style pants. Undergarments should be completely covered.

Swimsuits: Mid-thigh length (or longer) swim trunks only, and **dark** t-shirt.

*****Counselors will check each morning, before you leave the cabin, to make sure everyone is dressed appropriately. As we may all have differing opinions about what is modest, please don't be offended if you are asked to change or cover up more.**

ARRIVAL/DEPARTURE

Arriving at Camp

Most of you will be driving up to camp. Please plan to arrive at Camp Oakhurst, 36611 Mudge Ranch Rd., Coarsegold, CA 93614, between 4-5 p.m. on **Sunday, July 19.**

If you are flying in, you MUST email your child's travel itinerary to messiahwestcoast@gmail.com as soon as possible, so that transportation can be arranged. It is best if flights can be arranged to arrive in Fresno (FAT/FYI) as close to 12:00 noon on Sunday, July 19 as possible.

Once we receive your itinerary, there will be AT LEAST one more conversation (either by email or phone) with MWC staff to firm up details with the parents.

Leaving Camp

Most of you will be picking up your camper at Camp Oakhurst. Plan to arrive by 9 a.m. at the latest to pick up your child from camp on Friday, July 24th. We will only have breakfast (at 8 a.m.) on Friday morning, and then it's clean-up and SCOOT, so Camp Oakhurst can get ready for the next camp.

If your child will be flying out of FAT/FYI, please schedule a flight in the early afternoon (3-4 p.m.-ish). Again, this itinerary MUST be emailed to messiahwestcoast@gmail.com ASAP and before camp begins. If there are any changes to your child's itinerary during the week of camp, you will need to call Camp Oakhurst directly (559) 683-6563, as there may be no cell service. Leave a message for Doug Shirk in the office, and Camp Oakhurst will let us know to give you a call back.

In Case of an Emergency

If you need to get a hold of your camper and/or staff member during camp, you will need to call Camp Oakhurst directly (559) 683-6563 or (559) 760-1817 (after hours) as there is limited cell service. Leave a message for Jon Leppke in the office, and Camp Oakhurst will let us know as soon as possible to give you a call back. You can also try to TEXT Jon Leppke at (559) 273-8695 or Doug Shirk at (831) 261-3653.

I have read and agree to abide by these rules.

Signature

Date

Health & Medical Release Form

Campers Under 18yrs



36611 Mudge Ranch Road, Coarsegold, CA. 93614
Fax (855) 683-2207 Phone (559) 683-6563
www.CampOakhurst.org
GuestServices@CampOakhurst.org

What to do with this form?

- To be completed by *parent or legal guardian*.
Return the form to your Group Leader.
- Camper will be **RESTRICTED** from all physical activities until completed Health History with insurance information is on file at camp.

Group Messiah West Coast Camp Dates July 19-24, 2026

Please print clearly or type.

Camper's name _____ Male Female Age at Camp _____ DOB ____ / ____ / ____
Parent or Guardian _____ Home Phone (____) _____
Work Phone (____) _____ Cell (____) _____ Email _____
Home address _____
Emergency Contact (In addition to Parents) _____ Relationship _____
Phone (____) _____ Other _____

Insurance Information

COMPLETE Information required for emergency purposes

Name of Insured (Parent, Camper, Family)____
Insurance Company# _____
Policy # _____ Subscriber # _____
Other info a doctor should know: _____

Allergies

Please list all medications, dietary, and environmental allergies, along with treatment plan. If Epi-Pin is required please send one with your camper to camp.

Allergy	Reaction	Treatment

Medications Required while at Camp

Prescription must be sent in their original bottle/packaging with label.

What? _____ Why? _____

Dosage? _____ Schedule? _____

Dietary Needs

Please describe special dietary requirements including vegetarian, lactose intolerant, etc.

My child has food related allergies & I have filled out the Food Allergy Form. In some cases, an additional fee will be charged for special meals.

Photography & Email Release Waiver

Yes No I give permission to Camp Oakhurst to use quotes, photos, & video footage of the above mentioned person for future promotional materials, including but not limited to, brochures and website postings, without expectation of compensation.

Yes No I also give permission to Camp Oakhurst to use my mailing and e-mail addresses for Camp Oakhurst Mailings and information only

Signature _____ Date _____
(of Parent or Guardian)

Authorization and Consent for Treatment

I, the undersigned parent/guardian, give permission for my child to participate in all camp activities and give authority to Camp Oakhurst officers, agents, servants, or employees to supervise all activities at Camp Oakhurst. I further authorize Camp Oakhurst as agent for the undersigned to consent to any x-ray examination, anesthetic, medical or surgical diagnosis or treatment and hospital care which is deemed advisable by, and is to be rendered under general or special supervision of any physician and surgeon licensed under the provisions of the Medical Practice Act for my child. This authority also extends to any x-ray examination, anesthetic, dental, or surgical diagnosis or treatment and hospital care by a dentist licensed under the Dental Practice Act for my child.

It is understood that this authorization is given in advance of any specific diagnosis, treatment or hospital care being required but is given to consent to any and all such diagnosis, treatment or hospital care which the aforementioned physician in the exercise of his/her best judgment may deem advisable.

This authorization is given in pursuant to the provisions of Section 25.8 of the Civil Code of California.

Signature _____ Date _____
(of Parent or Guardian)

Medical & Liability Release

MEDICAL RELEASE: This health history is correct so far as I know and this person has permission of the undersigned to engage in all camp activities except as noted. In case of illness or injury, Camp Oakhurst has my permission to procure medical treatment for the above named (minor, if applicable). I understand Camp Oakhurst does not provide medical insurance or reimbursement for medical fees or prescriptions and that I am responsible for any / all such fees and charges arising from illness or injury that may occur. I agree to hold harmless and indemnify Camp Oakhurst, its officers, agents, and employees from and against every expense, including attorney's fees, liability, or payment by reason of any damages or injury to person (including death) or property as arises out of or in connection with the camp or conference including the use of Camp Oakhurst property, facilities or equipment.

LIABILITY RELEASE: I the undersigned, for myself and on behalf of my child(ren) or ward(s) and their personal representatives, assigns, or heirs, (hereinafter referred to as Releasors,) hereby agree to defend, hold harmless, indemnify, release and forever discharge, to the broadest extent allowed by law, Camp Oakhurst, their owners, directors, trustees, agents, successors, insurers, or any employee, (herein after referred to as Releasees,) from and against all claims, demands, actions and liability for loss, damage, injury, death, or any other claim whatever to the person or property of any guest or participant whether caused by negligence of Releasees or any other person or thing while participating in activities sponsored by or associated with Camp Oakhurst. The undersigned elects to participate and / or allow his or her child(ren), ward(s), to participate voluntarily and assumes all risk of loss, damage, injury or death, known or unknown, foreseen or unforeseen, that may be sustained.

YOU HAVE THE OPTION NOT TO PARTICIPATE OR ALLOW YOUR CHILD, CHILDREN, WARD OR WARDS NOT TO PARTICIPATE IN ANY ACTIVITY WHERE YOU DO NOT WISH TO WAIVE LIABILITY. IT SHALL BE YOUR RESPONSIBILITY TO INSURE THAT YOUR CHILD, CHILDREN, WARD OR WARDS DO(ES) NOT PARTICIPATE IN THE ACTIVITIES FOR WHICH YOU CHOOSE NOT TO BEAR LIABILITY.

The undersigned has read and voluntarily signs this medical release and waiver of all liability.

Signature _____ Date _____
(of Parent or Guardian)

FOOD ALLERGY FORM

Due by 3 weeks before arrival

Group Name: Messiah West Coast

Dates of Stay July 19-24, 2026

Camper Name _____

Camper Age _____

Guardian if under 18 years old _____

Phone Number _____

Email _____

Special Diets

Food allergies are a special concern for our staff. Because we must place our food order in advance, it is vital that we have a list of your special requests 3 weeks prior to arrival.

Our kitchen can accommodate vegetarians and gluten free. If you require a vegan or 100% organic meal or you have allergies that require special cooking needs where cross contamination could be a factor, we ask you to bring your own pre-made entrees.

For those wishing not to bring their own food, we can shop and prepare gluten free meals for an additional charge of \$6 per meal. There is no additional charge for vegetarian meals.

Check the Allergy you have and it's severity. Scale 1 (mild) – 5 (needs epinephrine pen)

You can add a note under each section, especially if the camper carries an Epi-pen for these allergies.

Milk (lactose) 1 2 3 4 5

Nuts 1 2 3 4 5

Eggs 1 2 3 4 5

Gluten 1 2 3 4 5

Soy 1 2 3 4 5

Other 1 2 3 4 5

Additional notes _____

Guests with allergies will issued a "meal card" that they will present to the kitchen to receive their particular plate of food. This helps to avoid cross contamination.

I am bringing my own pre-made entrees. Yes No

Camp Oakhurst Kitchen to provide these meals:

Vegetarian Meals Yes No
(No extra charge)

Gluten Free Meals Yes No
(\$6 extra charge)

Breakfasts _____ Lunches _____ Dinners _____

Total Meals: _____ x \$6 = _____

Camper or Guardian Signature _____

Date _____